

Register for A Health Screening!

1



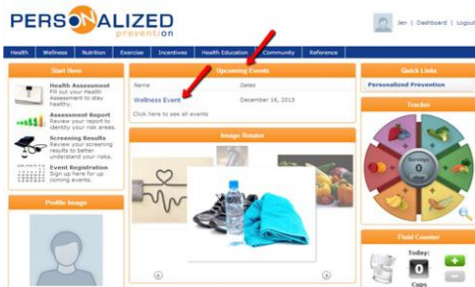
WE SAVE LIVES...
WANNA BE NEXT?

Current User Login:
Username
Password

First Time Users: Register Here!
The information you provide on this site will be kept strictly confidential. Your personal information will not be shared with your employer.

Visit www.wellnessishotstuff.com and click on the link to wellness portal link. Or sign in directly by visiting go.personalizedprevention.com to login. If you are a new user or spouse select "click here to sign up"

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PERSONALIZED prevention

Home | Wellness | Nutrition | Exercise | Transition | Health Education | Community | Reference

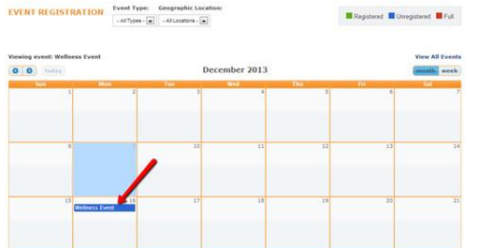
Start Here: Health Assessment, Assessment Report, Screening Benefits, Event Registration, Profile Manager

Upcoming Events: Wellness Event, December 14, 2013

Personalized Prevention: Fitness, Field Counter

Once logged in, select the screening you plan to attend located on your Portal's dashboard.

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EVENT REGISTRATION | Event Type: Geographic Location: Registered Registered Full

Viewing event: Wellness Event | December 2013 | View All Events

Calendar showing Wellness Event on December 16, 2013.

Next, Select the Screening Event you plan to attend on the calendar.

* Please note, you are only allowed to screen once during this spring.

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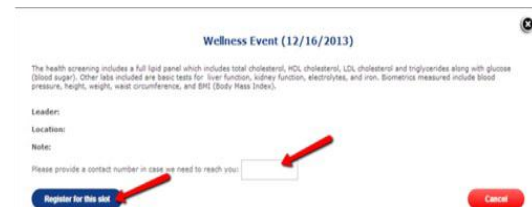
Wellness Event (12/16/2013)

The health screening includes a full lipid panel which includes total cholesterol, HDL cholesterol, LDL cholesterol and triglycerides along with glucose (Blood sugar). Other labs included are basic tests for: liver function, kidney function, electrolytes, and iron. Biomarkers measured include blood pressure, height, weight, waist circumference, and BMI (Body Mass Index).

Slot Times (Start of Screening Times)	Registration Fee	Leader	Location	Notes
8:00 AM - 9:00 AM	Register	none		
9:00 AM - 9:30 AM	Register	none		
9:30 AM - 9:30 AM	Register	none		

Select the time you plan to have your screening done.

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Wellness Event (12/16/2013)

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Leader:
Location:
Note:

Please provide a contact number in case we need to reach you:

Enter a valid phone number and select Register.

Should you have any questions, please
Contact Personalized Prevention at:
1-800-515-6641 or
Support@personalizedprevention.com

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prevention